

Falcons Primary School PE Newsletter

Summer Term Issue 3

T: 0116 4510050

W: www.falconsprimary.org

E: office@falconsprimary.org

At Falcons Primary, our PE curriculum is delivered through an engaging scheme of work called 'Primary Steps in PE'. Primary Steps in PE inspires children to develop confidence, resilience, teamwork and a lifelong enjoyment of physical activity!



Through a balance of indoor and outdoor learning, children build key physical skills in exciting and supportive ways. They develop ball skills and play games outdoors, while exploring creativity, balance and co-ordination through dance and gymnastics indoors.

Once each term, children take part in wellbeing through sport sessions where games and team activities are used to help children to explore emotions, build self-esteem, develop resilience, and strengthen positive relationships.



Inclusivity is at the heart of our PE provision, with activities carefully adapted to ensure every child feels valued, challenged, and successful, regardless of ability, confidence or experience.

Take a look at what our classes have been up to!



Reception have been practicing their balancing and co-ordination skills by pretending to be jungle animals!



Year 1 have been applying their throwing and catching skills in PE games. In gymnastics, they have been learning all about jumping and landing!



Year 2 have been practising their throwing and hitting skills using a tennis racket and ball. The children had lots of fun learning how to control the ball, aim at targets, and hit the ball carefully with the racket.



Year 3 have been learning how to do synchronised movements in gymnastics. Outdoors, they have been working on their striking and fielding technique. They applied these skills through a game of rounders!



Year 4 have been working on their striking and fielding skills. This week, they have been learning to strike a tennis ball with a racket.



Year 5 have been working in small groups to create a dance sequence using different balances, movements and stretches.



Year 6 have been learning to develop their net and wall games skills by practising their throwing and batting skills.



During Falcons Awards assemblies, each year group take it in turns to choose a child who has flourished in their PE lessons. The child received a special certificate for their outstanding efforts and for mastering challenging PE skills!

50 Things to do before you leave Falcons!

During half term, remember to look at your list of '50 things to do before you leave Falcons' for some great activities that will see you getting active and improve your fitness!



Try:

- number 31: Learn to dance
- number 34: learn to skip
- number 46: learn to swim



SCHOOL DIARY DATES

- School Closes for Half Term: **Friday 22nd May**
- School Re-Opens: **Monday 1st June**
- Sports Day: **Thursday 2nd July**
- PTA Summer Fete: **Saturday 4th July**