Falcons Primary School 2026-2027 Whole School Overview of Sikh Studies

To ensure coverage and depth the Sikh Studies curriculum has been divided into the following 5 areas:
(A) Bani and Kirtan (B) Learning about the Gurus (C) Sikh Living (D) Important personalities, warriors and martyrs (E) Key historical events and places

All Year Groups	**Key learning for all year groups** • Regularly discuss **The three Sikh principles** – Naam Japna, Kirat Karo, Vand Chakko. Display in classrooms with examples in action. • Visit a local Gurdwara • Interview a Sikh personality • Refer to the History/Sikh timeline • Contribute to the whole school seva project/s • Lunchtime prayer (Appendix 3) • Regular Reflection/meditation time	**Religions to be taught in each year group** • Reception – Sikhism • Year 1 – Sikhism and Christianity • Year 2 – Sikhism and Judaism • Year 3 – Sikhism and Hinduism • Year 4 – Sikhism and Islam • Year 5 – Sikhism and Christianity • Year 6 – Sikhism and Humanist	**Places of Worship (See Appendix 1)** • Reception – Gurdwara Sahib • Year 1 – Gurdwara Sahib and St Mary's Church • Year 2 – Gurdwara Sahib and Leicester Hebrew Congregation • Year 3 – Gurdwara Sahib and Shri Swaminarayan Mandir • Year 4 – Gurdwara Sahib and Darul Argam Educational Trust/Masjid al-Imam al-Bukhari • Year 5 – Gurdwara Sahib and St Mary's Church • Year 6 - Gurdwara Sahib
Sikh Assembly	• Understand why Ardas is important and the contribution of key figures mentioned. • Learn about the 10 Gurus • Guru Granth Sahib ji • Link to values of the month • Simran	**Special key events 2026/2027:** • Guru Ram Das Ji's Gurpurab – **27th October 2026** • Bandi Chorr Divas – **8th November 2026** • Guru Nanak Dev Ji's Gurpurab – **24th November 2026** • Sahibzada Ajit Singh and Jujhar Singh Ji's Martyrdom – **23rd December 2026** • Sahibzada Zorawar Singh and Fateh Singh Ji's Martyrdom. Mata Gujri Ji Martyrdom - **27th December 2026** • Guru Gobind Singh Ji Gurpurab – **15th January 2027**	**Special key events 2026/2027:** • Guru Har Rai Ji – **31st January 2027** • Guru Tegh Bahadur Ji's Gurpurab – **7th April 2027** • Guru Arjan Dev Ji's Gurpurab – **9th April 2027** • Vaisakhi – **14th April 2027** • Guru Angad Dev Ji's Gurpurab – **18th April 2027** • Guru Amar Das Ji's Gurpurab – **30th April 2027** • Guru Hargobind Sahib Ji Gurpurab – **30th June 2027** • Guru Harkrishan Sahib Ji Gurpurab – **7th August 2027**

Reception	**SEVA PROJECT** Kindness to others ਬ੍ਰਹਮ ਗਿਆਨੀ ਕੀ ਸਭ ਊਪਰਿ ਮਇਆ ॥ The God-conscious being shows kindness to all	**LEARNING ABOUT THE GURUS** • Exploring links with my family, Guru, values and routines. • Introduction to Guru Nanak Dev Ji. Explain why he is special through stories. • Listen to Sakhis about the life of Guru Nanak Dev Ji. • Birth of Guru Gobind Singh Ji and learning about his family through stories.	**IMPORTANT PERSONALITIES, WARRIORS AND MARTYRS** • Names of the ten Gurus.	**KEY HISTORICAL EVENTS AND PLACES** • The story of Vaisakhi. Introduction to the 5Ks.	**LIVING SIKHI** • What does it mean being a Sikh? • Learn about Sikh symbols eg Khanda, Ik Oankar and Nishaan Sahib.	**BANI AND KIRTAN** • Simran • Building a regular practice of reflection, quiet meditation
Year 1	**SEVA PROJECT** Kindness to others ਬ੍ਰਹਮ ਗਿਆਨੀ ਕੀ ਸਭ ਊਪਰਿ ਮਇਆ ॥ The God-conscious being shows kindness to all	**LEARNING ABOUT THE GURUS** • Guru Nanak Dev Ji's Sakhis and key messages. • Guru Nanak Dev Ji's special relationships with his father, sister, Bhai Mardana and God.	**IMPORTANT PERSONALITIES, WARRIORS AND MARTYRS** Look at those that remembered in the Ardas in particular names of the: • The Gurus • Panj Pyare (Five Beloved Ones) Four Sahibzade	**KEY HISTORICAL EVENTS AND PLACES** • The story of Vaisakhi. Learning about the 5Ks. • The story of how the Khalsa was formed in Anandpur Sahib.	**LIVING SIKHI** • What does it mean being a Sikh? • Learn the Mool Mantar. Focus on Sikh concept of Ik Oankaar- God's presence in all existence	**BANI AND KIRTAN** • Simran • The feeling of peace when doing Simran, being calm, feeling Relaxed and Happy. Building a regular practice of reflection, quiet meditation
Year 2	**SEVA PROJECT** Humanitarian Aid ਬ੍ਰਹਮ ਗਿਆਨੀ ਕੈ ਹੋਇ ਸੁ ਭਲਾ ॥ The God-conscious being acts in the common good.	**LEARNING ABOUT THE GURUS** • Guru Angad Dev Ji- receiving the Guruship and introduction of the Gurmukhi Language. • Guru Amar Das Ji and his important contributions.	**IMPORTANT PERSONALITIES, WARRIORS AND MARTYRS** Relationships of love and respect of Non-Sikhs with the Gurus (Choose 2): • Bhai Mardana Ji • Pir Budhu Shah • Pir Bhikan Shah • Sai Mian Mir Contributions of Saints to Sikhi (Choose 1): • Sheikh Farid • Bhagat Naam Dev etc)	**KEY HISTORICAL EVENTS AND PLACES** • The Gurdwara- Centre of community. Nishaan Sahib, Langar, Sangat, Seva, Guru Granth Sahib, Takhat, Chorr Sahib, Prashad	**LIVING SIKHI** • Kirat Karo Honesty, Being Truthful, owning up to your mistakes, taking responsibility. • Kindness, being kind to others, sharing what you have, treating others with respect, helping people who are struggling.	**BANI AND KIRTAN** • The importance of prayer (Paath) • Showing respect to Sri Guru Granth Sahib Ji
Year 3	**SEVA PROJECT** Poverty & Homelessness, ਬ੍ਰਹਮ ਗਿਆਨੀ ਅਨਾਥ ਕਾ ਨਾਥੁ ॥ The God-conscious being is the helper of the helpless.	**LEARNING ABOUT THE GURUS** • Guru Ram Das Ji- Founding of Amritsar • Guru Arjan Dev Ji- Completion of Sri Harmandir Sahib, Installation of Sri Aadi Granth at Harmandir Sahib	**IMPORTANT PERSONALITIES, WARRIORS AND MARTYRS** Influential Sikh Figures in Sikh history (Choose 2): • Baba Buddha Ji • Bhai Gurdas Ji • Bhai Mani Singh Ji • Baba Deep Singh Ji focus on studying Gurbani.	**KEY HISTORICAL EVENTS AND PLACES** • Sikh History Timeline showing the ten Gurus and key events.	**LIVING SIKHI** • Naam Jappo. Building a daily routine of prayer and meditation • Importance of Daily Nitnem • Praying before a meal- Gratitude	**BANI AND KIRTAN** • Understanding the word Waheguru; • Importance of building a spiritual practice, Learning Gurbani. • Benefit of learning Paath and Shabads by heart. • Importance of Sri Guru Granth Sahib Ji

		• Miri Piri and establishing the Akaal Takhat	• Story of Mai Bhago and the 40 Mukteh.			
Year 4	**SEVA PROJECT**	**LEARNING ABOUT THE GURUS** • Guru Har Rai Sahib Ji and his love and care for nature • Guru Har Krishan Ji Wisdom beyond age and service during the smallpox epidemic	**IMPORTANT PERSONALITIES, WARRIORS AND MARTYRS** • Story of Bhai Khanaiya Ji and Humanitarian service. • Learning about Maharaja Ranjit Singh. • Hari Singh Nalwa- Youth, Service in the Sikh Empire, Governance and Leadership, Qualities and Character, Loyalty, Courage.	**KEY HISTORICAL EVENTS AND PLACES** History and significance of the Harmandir Sahib. Include the importance of the nature. The role played by: • Baba Deep Singh • Guru Ram Das Ji • Guru Arjan Dev Ji • Guru Hargobind Sahib Ji	**LIVING SIKHI** • Degh Tegh Fateh importance of proactively doing Seva, Simran and Sangat. • Taking responsibility for building a better world and living Sikhi and its values in all we do: being engaged in social justice, striving for excellence in our individual fields of work, being socially and politically conscious.	**BANI AND KIRTAN** Ardas Shakti- The power of Ardas. • Before starting all projects/campaigns doing ardas. • Powerful examples of the Ardas leading to success in campaigns, overcoming illness etc • Power of Faith in Sri Guru Granth Sahib Ji
Year 5	**SEVA PROJECT**	**LEARNING ABOUT THE GURUS** • Guru Hargobind Sahib Ji and contributions to Sikhi. Guru Tegh Bahadur Ji: • Early Life • Receiving the name Tegh Bahadur • Martyrdom and its unique significance in Human Rights	**IMPORTANT PERSONALITIES, WARRIORS AND MARTYRS** Contribution of great Sikh Women: • Mata Khivi Ji- Epitome of Service • Mata Sahib Kaur Ji- Mother of the Khalsa • Mata Gujri Ji	**KEY HISTORICAL EVENTS AND PLACES** Importance of the five Takhts and why these institutions were established. Their history and significance in Sikh History.	**LIVING SIKHI** Identifying Sikhs who have excelled in their fields (Choose 2)	**BANI AND KIRTAN** Universal message of Gurbani Encouraging all people to be the best they can be. Providing guidance to leading a happy, healthy and wholesome life. Sri Guru Granth Sahib Ji Understand what a Hukhamnama is.
Year 6	**SEVA PROJECT**	**LEARNING ABOUT THE GURUS** • In-depth study of one of the Gurus. • Guru Gobind Singh Ji and the great sacrifice and contributions made to Sikhi.	**IMPORTANT PERSONALITIES, WARRIORS AND MARTYRS** Baba Banda Singh Bahadhur and events in his life • First Khalsa Raj	**KEY HISTORICAL EVENTS AND PLACES** • Introduction to the Rehit Maryada Sikh Code of conduct	**SIKHS AROUND THE WORLD.** • Raj Karega Khalsa The Sarbat Khalsa, Gurmattas and the Panj Pyare concept of leadership • Qualities of Sikh Leaders Envisioning the Gurdwaras of the Future Introduction to the Rehit Maryada Sikh Code of conduct.	**BANI AND KIRTAN** • Why is the Guru Granth Sahib Ji seen as the living Guru? How was it complied, written and the significant role it plays in Sikh lives. • Compilation of the Guru Granth Sahib Ji by Guru Gobind Singh ji.

Appendix 1: Key Personalities

- Athletics: Fauja Singh, Milkah Singh
- Humanitarians: Bhagat Puran Singh, Ravi Singh Khalsa Aid, Ginda Basra Midlands Langar Seva
- Music: Satnam Kaur
- Philosophy: Sirdar Kapoor Singh, Politics: Tanmanjeet Singh Dhesi MP, Preet Kaur Gill MP,
- Physics: Narinder Singh Kapany,
- Art: Sikh Twins, Arjan…

Appendix 2 – Contacts for places of worship

Year Group	Place of worship and details
Reception	***Gurdwara Sahib*** *2 Sri Guru Ramdas Way, LE5 1GN* 0116 303 2268
Year 1	***Gurdwara Sahib*** **St Mary's Church** Main St, Humberstone, Leicester LE5 1AE 0116 241 9526
Year 2	***Gurdwara Sahib*** **Leicester Hebrew Congregation** Highfield St, Leicester LE2 1AD 0116 270 6622
Year 3	***Gurdwara Sahib*** ***Shri Swaminarayan Mandir*** Pramukh Swami Junction, 135 Gipsy Lane, Leicester LE4 6RH 0116 262 3791
Year 4	***Gurdwara Sahib*** **Darul Argam Educational Trust** 16 Thurmaston Ln, Leicester LE5 0TE 07528 084809
Year 5	***Gurdwara Sahib*** **St Mary's Church** Main St, Humberstone, Leicester LE5 1AE 0116 241 9526
Year 6	***Gurdwara Sahib***

Our Lunchtime Prayer

Thank you for the food we eat,
Thank you for the world so sweet,
Thank you for the birds that sing,
Thank you God for everything.

ਭੋਜਨ ਛਕਣ ਵੇਲੇ ਦੀ ਅਰਦਾਸ

ਦਦਾ ਦਾਤਾ ਏਕੁ ਹੈ ਸਭ ਕਉ ਦੇਵਨਹਾਰ ॥

dhadhaa dhaathaa eaek hai sabh ko dhaevanehaar |
DADDA: The One Lord is the Great Giver; He is the Giver to all.

ਦੇਂਦੇ ਤੋਟਿ ਨ ਆਵਈ ਅਗਨਤ ਭਰੇ ਭੰਡਾਰ ॥

dhaedhae thott n aavee aganath bharae bhanddaar |
There is no limit to His Giving. His countless warehouses are filled to overflowing.

ਦੈਨਹਾਰੁ ਸਦ ਜੀਵਨਹਾਰਾ ॥

dhainehaar sadh jeevanehaaraa ||
The great giver is alive forever.

ਮਨ ਮੂਰਖ ਕਿਉ ਤਾਹਿ ਬਿਸਾਰਾ ॥

man moorakh kio thaahi bisaaraa ||
O foolish mind why have you forgotten Him.

ਨਾਨਕ ਨਾਮ ਚੜਦੀ ਕਲਾ ਤੇਰੇ ਭਾਣੇ ਸਰਬੱਤ ਦਾ ਭਲਾ ॥

Naanak Naam Chardi Kala, Tere Bhaaney Sarbat Daa Bhalaa