

Autumn/Winter 2026-27

Allergens:

(D) Dairy (G) Gluten (S) Soya

(Mu) Mustard (Ce) Celery (Su) Sulphur

BREAD, FRESH SALAD BAR,
FRUITS AND GREENS ARE
AVAILABLE DAILY
with a Meal

Week 1:
24/8, 14/9, 5/10, 2/11, 23/11, 14/12

Week 2:
31/8, 21/9, 12/10, 9/11, 30/11

Week 3:
7/9, 28/9, 26/10, 16/11, 7/12

Did you know...
Tomatoes are fruit, so
technically...pizza has
fruit on it!

Week 1

MAIN OPTION	DESSERT
A. Wholemeal Vegetable Rainbow Pasta (G, D) B. Dal Fry & Mixed Rice (Mu) C. Jacket Potato with Beans & Cheese (D)	Peach Yoghurt (D)
A. Wholegrain Bean Burritos & Dip (G, S) B. Dum Aloo & Naan (G, Mu) C. Jacket Potato & Bolognese	Banana & Date Cake (G)
A. Vegetable Pastry & Beans (G, Su) B. Rajma & Wholegrain Rice (Mu) C. Jacket Potato & Mixed Bean Chilli	Autumn/Winter Fruit Salad
A. Protein Tikka Panini & Broccoli (G) B. Potato & Peas Sabji and Wholemeal Tortilla (G, Mu) C. Jacket Potato & Chickpea Tuna (Su)	Dry Fruit Rice Pudding (D)
A. Margarita Pizza & Chips (G, D) B. Spinach & Corn Pulav with Yoghurt (D, Su) C. Jacket Potato & Sweetcorn (Su)	Fruit Yoghurt Ice Cream (D)

Week 2

MAIN OPTION	DESSERT
A. Mixed Bean Salad Wrap with Wedges (G) B. Black Eye Beans & Mixed Rice (Mu) C. Jacket Potato with Beans & Cheese (D)	Strawberry Yoghurt (D)
A. Bombay Sandwich & Roast Veg (G, Su, Mu) B. Cauliflower & Peas Sabji & Wholemeal Wrap (G, Mu) C. Jacket Potato & Bolognese	Pineapple Cake (G)
A. Vegetable Macaroni Cheese (G, D) B. Vegetable Sambhar & Wholegrain Rice (Mu, Su) C. Jacket Potato & Mixed Bean Chilli	Autumn/Winter Fruit Salad
A. Potato Waffle, Beans & Roasted Vegetables (G) B. Chana Masala & Naan (G, Mu) C. Jacket Potato & Chickpea Tuna (Su)	Fruity Custard (D)
A. Corn Pizza & Chips (G, D) B. Vegetable Biryani & Raita (Mu, D, Su) C. Jacket Potato & Sweetcorn (Su)	Vanilla Yoghurt Ice Cream (D)

Week 3

MAIN OPTION	DESSERT
A. Vegetable Nuggets & Roasted Vegetables (G) B. Green Mung Dal & Wholegrain Rice (Mu) C. Jacket Potato with Beans & Cheese (D)	Raspberry Yoghurt (D)
A. Spaghetti Bolognese (G) B. Matar Paneer & Naan (G, Mu, D) C. Jacket Potato & Bolognese	Mango Cake (G, D)
A. Quesadilla in a Wholemeal Wrap with Corn-on-the-Cob (G, Su) B. Dal Makhani & Rice (D, Mu) C. Jacket Potato & Mixed Bean Chilli	Autumn/Winter Fruit Salad
A. Sausage, Mashed Potato & Gravy (D, S, G) B. Pav Bhaji (G, Mu, Su) C. Jacket Potato & Chickpea Tuna (Su)	Mixed Fruit Custard (D)
A. Pepper Pizza & Chips (G, D) B. Potato & Peas Pulav with Wholegrain Rice & Raita (Mu, D) C. Jacket Potato & Sweetcorn (Su)	Yoghurt Ice Cream (D)

Autumn/Winter 2026-27 VEGAN MENU

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BREAD, FRESH SALAD BAR,
FRUITS AND GREENS ARE
AVAILABLE DAILY
with a Meal

Week 1:
24/8, 14/9, 5/10, 9/11, 30/11

Week 2:
31/8, 21/9, 12/10, 16/11, 7/12

Week 3:
7/9, 28/9, 2/11, 23/11

Did you know...

Broccoli is basically a tiny tree- eating it makes you a 'giant' destroying a forest (in a healthy way!)

Week 1

MAIN OPTION	DESSERT
A. Wholemeal Pasta Bake (G) B. Dal Fry Rice (Mu) C. Jacket Potato & Beans	Vegan Peach Yoghurt
A. Wholegrain Bean Burritos & Dip (G, S) B. Dum Aloo & Naan (G, Mu) C. Jacket Potato & Bolognese	Banana & Date Cake (G)
A. Vegetable Pastry & Beans (G, Su) B. Rajma & Wholegrain Rice (Mu) C. Jacket Potato & Mixed Bean Chilli	Autumn/Winter Fruit Salad
A. Protein Tikka Panini & Broccoli (G) B. Potato & Peas Sabji with Wholemeal Tortilla (G, Mu) C. Jacket Potato & Chickpea Tuna (Su)	Fruit Salad
A. Margarita Pizza & Chips (G) B. Spinach & Corn Pulav with Vegan Yoghurt (S, Su) C. Jacket Potato & Sweetcorn (Su)	Vegan Fruity Yoghurt (S)

Week 2

MAIN OPTION	DESSERT
A. Mixed Bean Salad Wrap with Wedges (G) B. Black Eye Beans & Mixed Rice (Mu) C. Jacket Potato & Beans	Vegan Strawberry Yoghurt (S)
A. Bombay Sandwich & Roasted Vegetables (G, Su, Mu) B. Cauliflower & Peas Sabji & Wholemeal Wrap (G, Mu) C. Jacket Potato & Bolognese	Pineapple Cake (G)
A. Vegetable Macaroni in Red Sauce (G) B. Vegetable Sambhar & Wholegrain Rice (Mu, Su) C. Jacket Potato & Mixed Bean Chilli	Autumn/Winter Fruit Salad
A. Potato Waffle, Beans & Roasted Vegetables (G) B. Chana Masala & Naan (G, Mu) C. Jacket Potato & Chickpea Tuna (Su)	Fruit Salad
A. Corn Pizza & Chips (G) B. Vegetable Biryani & Vegan Yoghurt (Mu, Su) C. Jacket Potato & Sweetcorn (Su)	Vegan Fruity Yoghurt (S)

Week 3

MAIN OPTION	DESSERT
A. Vegetable Nuggets & Roast Vegetables (G) B. Green Mung Dal & Wholegrain Rice (Mu) C. Jacket Potato & Beans	Vegan Raspberry Yoghurt (S)
A. Spaghetti Bolognese (G) B. Mixed Vegetables & Naan (G, Mu) C. Jacket Potato & Bolognese	Vegan Dessert
A. Quesadilla in a Wholemeal Wrap with Corn-on-the-Cob (G, Su) B. Dal Makhani & Rice (Mu) C. Jacket Potato & Mixed Bean Chilli	Autumn/Winter Fruit Salad
A. Mash with Beans B. Pav Bhaji (G, Mu, Su) C. Jacket Potato & Chickpea Tuna (Su)	Fruit Salad
A. Pepper Pizza & Chips (G) B. Potato & Peas Pulav with Wholegrain Rice & Vegan Yoghurt (Mu) C. Jacket Potato & Sweetcorn (Su)	Vegan Fruity Yoghurt (S)